



Health and safety for tenants

easy read



Guide to Health and Safety



We want all tenants to be safe and feel safe in their homes.



We want to avoid accidents and near misses.
If you have any questions ask your staff.



This guide helps you to remember things to do and not to do to help you stay safe.



Please **DO NOT** fry food in a pan with oil as it can easily start a fire.



Use a deep fat fryer or air fryer instead.



If you need to use ladders make sure someone is holding them for you.

Only use ladders that can lock into place.



If you spill anything on the floor, please clean it up straight away to avoid someone slipping on it.



Do not touch the safety equipment like fire alarms, smoke detectors or fire blankets if it is not an emergency.



If you think something is wrong with the equipment tell a member of staff straight away.



If you use safety equipment or something in the first aid box please let a member of staff know so that they can replace the item.



If there is a fire:

1. leave the house straight away
2. dial 999 and ask for the fire brigade



DO NOT mix cleaning products together as this can be very dangerous.

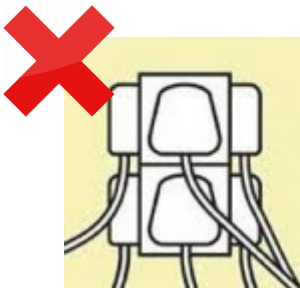


If a cleaning product has a warning symbol on it ask staff first before you use it because you might need to wear an apron or gloves.



Please do not use anything that is broken or you think is dangerous.

Tell your staff.



Please do not use too many plugs in one socket because this is more likely to cause a fire.



If you need to use an extension lead make sure it has surge protection.

If you are not sure ask a member of staff.



Please make sure that there are no electric wires or worn out carpets that might trip you up.



You and your visitors are not allowed to smoke inside the house.



You and your visitors can smoke outside.



Never leave a lit cigarette when you are not there.



Make sure that you properly put out your cigarette in an ashtray or cigarette bin before going back inside.



If you use a vape or e-cigarette please make sure that you never leave it charging when you are not there.



To keep you and others safe from the risk of fire do not charge a vape or e-cigarette or mobile phone while you are asleep.



When going up and down stairs make sure they are well lit and use the handrail.



If the stair carpet is loose or there is something in the way tell a member of staff straight away.



Please do not use portable heaters in your house. If you have to use a heater because your heating is broken then do not leave it on when you are out.



Keep the space around the heater clear and DO NOT put any clothes or towels on it to dry.



Please do not use candles in the property because this is one of the top 5 causes of house fires.



You can use an electric candle.