



## Social Media Guide – How to use Facebook



## About Facebook



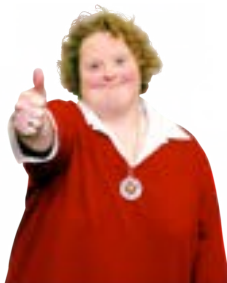
This is the symbol or logo of Facebook.



It is an online social media to keep in touch with friends and share memories.



## How to sign up for a Facebook account



Signing up or creating an account is very easy



It includes adding your name, email address, date of birth, gender and signing up by clicking on the sign-up button as shown in the picture.



## Sign in Page



This is the sign in/ Log in page.



Once you have provided details, you will have to type your email address and password and click on log in button



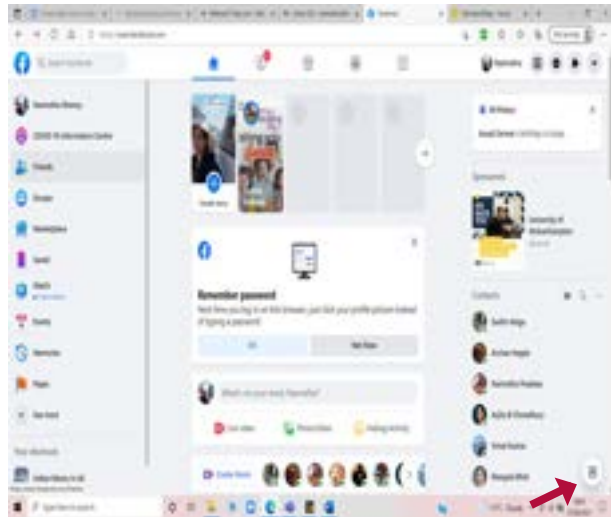
How does it look inside after logging in?  
The Home page



This is the home page where you can see many icons and many things to explore.



## How to make friends?



Make friends by scrolling to the friends section as shown –with a black tick symbol.

Click on friends section in the home page



## People you may know? Add Friend or Remove to be chosen



Once you click on friends, you'll land in the friends page where you can see friend requests, suggestions, all friends and birthdays coming up.

Facebook lists all friends whom you may know- it is up to to you add friend or remove as you can see in the picture attached.



# Marketplace



Marketplace is an area which helps you browse things you want to buy from customers or you want to sell to buyers.



As shown as a black tick, there is an option to browse all features. There are different categories, eg: vehicle, properties, classifieds, clothing, electronics, etc



# Proving life can get better

Dimensions provides evidence-based outcomes-focused support for people with learning disabilities, autism and complex needs. We help people to be actively engaged in their communities.



## Find out more about social media

Website: [www.dimensions-uk.org](http://www.dimensions-uk.org)

Phone: 0300 303 9001

Email: [enquiries@dimensions-uk.org](mailto:enquiries@dimensions-uk.org)

Twitter: @DimensionsUK

Facebook: DimensionsUK

## Dimensions

Building 1430, Arlington Business Park, Theale, Reading RG7 4SA

Dimensions (UK) Ltd is a charitable registered society number 31192R  
Building 1430, Arlington Business Park, Theale, Reading RG7 4SA.

