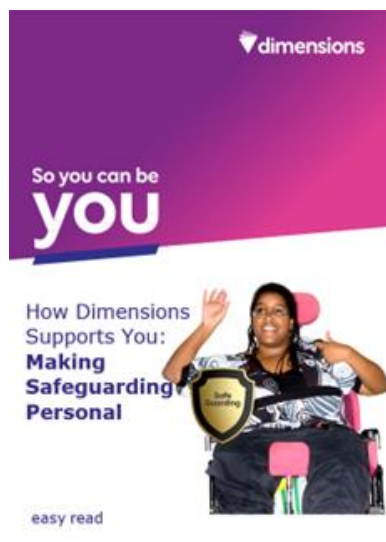


So you can be
you

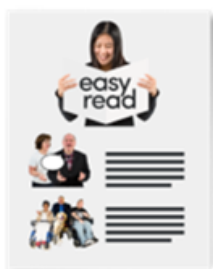
How Dimensions
Supports You:
**Making
Safeguarding
Personal**



easy read



This booklet is all about Making Safeguarding Personal



This booklet has information in easy read words and pictures and is linked to a **policy**. **Dimensions Safeguarding Policy.**



Policy: An important document that tells support teams about the rules to do their jobs well and to keep people safe.



This booklet is for **you and your support team**; to help you understand the rules.



If support teams are not following the rules, you can tell your locality manager, a family member or a friend, who can **speak up with or for you**.



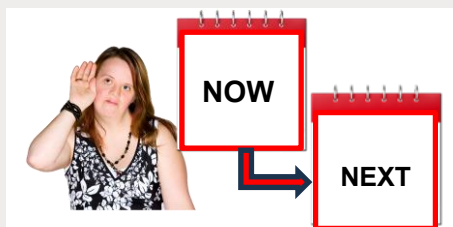
Or you can make a complaint. To find out how to make a complaint, please ask for the; **How Dimensions support you to make a complaint or raise a concern.**



What is making safeguarding personal?



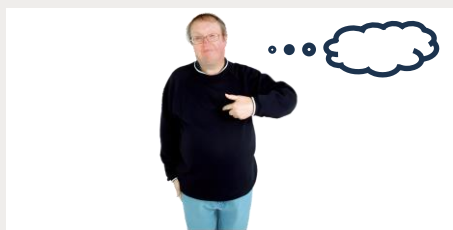
Making Safeguarding Personal means putting you first when you or someone else thinks you are not safe.



It means listening to what you want and need, and what you would like to happen next.



It helps you make your own decisions.
It supports you to move forward from abuse in a healthy and positive way.



Why is it important to make safeguarding personal?

You know what's right for you.



You have the right to be safe and to be heard.



You have the right to feel respected and **valued**.

Valued: Knowing that you matter.



What Dimensions will do to make safeguarding personal to you?



If someone is concerned you are not safe, we will tell you the reason.



When you do not feel safe, we will listen to you.



We will give you the time and space to talk about how you feel.



We will **communicate** with you in a way that works best for you.

Communicate: Telling you or showing you.



We will give you as much information as possible so you can make your own choices.

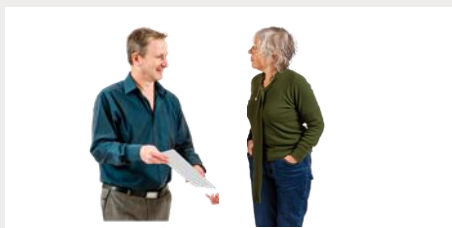


We will ask you what you want to happen in the future to keep you safe, this is your '**desired outcome**'.

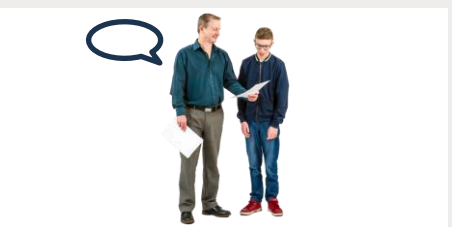


If you cannot make decisions about how to keep yourself safe, we will talk to your family, other people who care about you, this includes your support team, or an **advocate**.

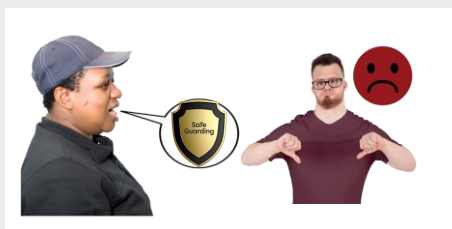
Advocate: A person who speaks up with or for you.



If we need to share this information with anyone, we will talk to you, and/or your family or advocate first.



After we have shared the information, we will let you know what is going to happen next.



We will be honest if we have to do something, to keep you safe, that is against your wishes.



We will talk to the **safeguarding team** in your area. They are people who look into an allegation of abuse and make sure that everyone is safe.



If the **safeguarding team** think you are at risk, they will work with you, your support team manager and your loved ones/advocate to make a plan to keep you safe.



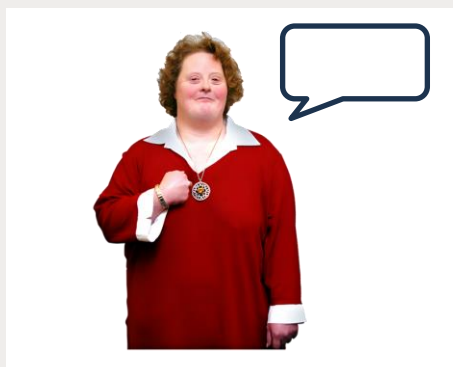
People who help to keep you safe, should always think about your '**desired outcome**'



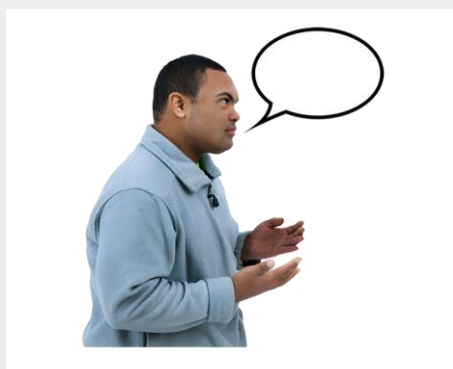
What is a desired outcome?



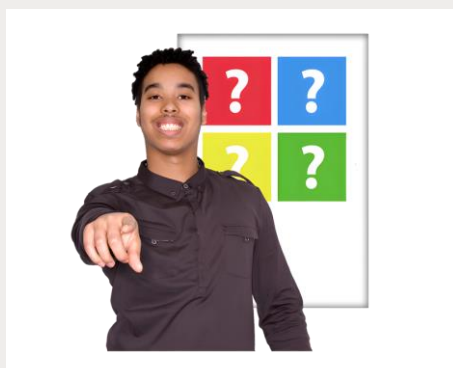
A **desired outcome** is what you want to happen to keep you safe.



It means finding out what is most important to you and why.



We will support you to speak out and share your views.



It is important that you have choice and control about the things that will help you to stay safe.



What could a desired outcome be?



The **desired outcome** you want could be in the list below or something different. It is your right to choose.



For it not to happen again.



To feel safe or feel better.



To not see the person who abused you again.



To know how to ask for help.



For the police to be involved.



Important to know



It is ok for you to change your mind about your **desired outcomes**.



We will record what your **desired outcomes** are, using the **RADAR** reporting system.



RADAR: Radar is an online form that Dimensions use to hold important information.



We will be honest with you if your **desired outcome** cannot happen. We will tell you why.



How will we know that you are happy with the outcome?



When people think you are no longer at risk the **safeguarding concern** will close.



Your support manager or team will ask if you felt heard and if you are happy with the **outcome**.



They will ask you;

Were you told about the **outcome**?



They will ask you;

Did you get your **desired outcomes**?



They will ask you;

Do you **feel safer** after the actions were taken?



They will ask you;

Did you feel **listened to** and **treated with respect**?



Important to know



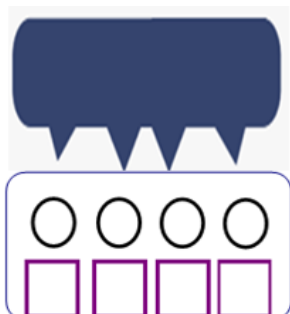
If they inform your family or advocate about the safeguarding concern, they will also ask them how they feel you have been supported.



If you are not able to answer the questions, they will ask your loved ones, friend/advocate or someone in your support team.



Your support team manager will record the answers to these questions on **RADAR**.



This booklet has been updated and redesigned, by Dimensions Easy Read Readers Panel.
Co-produced by Quality Consultants who are experts by experience.

Version one: 23.03.2026

Better Lives for More People

Dimensions supports adults with learning disabilities, autistic people, individuals with complex health or forensic needs, and those with a history of behaviours of distress.

The people we support and their families are at the heart of everything we do. We want every person we support to have a great, ordinary, active life as part of their local community.

Find out more
dimensions-uk.org

T 0300 303 9001

E enquiries@dimensions-uk.org

Find us on social media
@DimensionsUK

Our address

Building 1230, Arlington Business
Park, Theale, Reading, RG7 4SA

