



### ***What people like and admire about me...***

- I am passionate and enthusiastic about whatever I get involved in
- I am an effective and comfortable communicator
- I am a good coach – I ask questions that open up possibilities and options
- I am calm in challenging situations (whether or not I feel it)
- I can help make sense of the 'here and now' as it relates to the 'big picture' and broader vision
- I can offer different perspectives from varied experience
- I am easy to get to know and keen to get to know and support others.

### ***What's important to me...***

- that anyone and everyone be able to give their best and feel good about it
- moving things forward – no matter by how little – every day
- my family – which at times feels like it includes Watford FC!
- that I am never too far away or distant from where the service is provided and the difference made
- feeling part of a team from which to learn and with which to share the experiences, the fun and the journey
- honesty and integrity – doing the right thing, always
- 'having a go' and doing something different – being prepared to try something new in order to get a different and better outcome
- that music plays a part of every day - and that I download something new every week!

### ***How to support me well at work...***

- please be open and inclusive – assume a 'better together' approach with me
- if I am questioning or provocative, don't take it as criticism of 'what is' – I am probably just exploring 'what could be'
- I really like to get involved, where appropriate, to understand how things work so please 'count me in' wherever possible
- when you need me to contribute to discussions around numbers, please give me those numbers/reports ahead of time so I can get my brain around them and contribute usefully
- I enjoy opening up and exploring options, but equally I will want to get to a decision and close down on a plan. So if it ever appears that I am either being too open, or then too inflexible, please let me know.